

CARING FOR YOUR CAREGIVERS



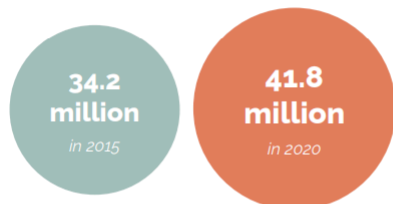
A Handy Overview of NPHI's Caregiver Tool

Caregiver Burden

At NPHI, we recognize the challenges of caregiving and are committed to improving caregivers' well-being. That's why we've developed a special tool to help our members provide exceptional care to them.

Our tool identifies four specific caregiver archetypes, allowing you to tailor your services and communication to better meet their needs.

41M+ unpaid caregivers of adults over 65



16M care for someone who has Alzheimer's or other dementia

More than half say they did not have a choice in becoming a caregiver

25%

say caregiving has made their health worse

40%

have 2 or more chronic conditions

26-57%

experience depression

\$7,200

average annual out-of-pocket cost for caregivers

\$9,000

per year for caregivers of someone with dementia

SCAN OR CLICK
HERE TO VIEW THE
FULL SLIDE DECK



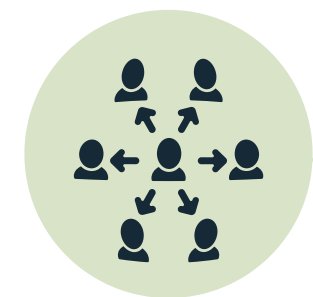


THE 4 CAREGIVER ARCHETYPES

Proactive
Problem-Solvers



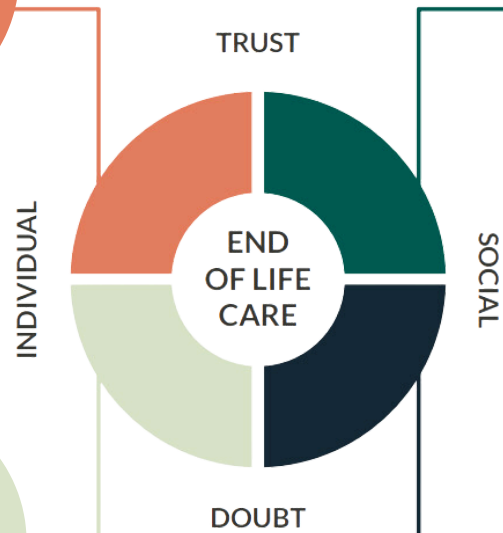
Balanced
Embracers



Effective
Coordinators



Devoted
Givers



SCAN THE QR CODE/[CLICK HERE](#)
TO VIEW FULL SLIDE DECK





CAREGIVER SCREENING TOOL

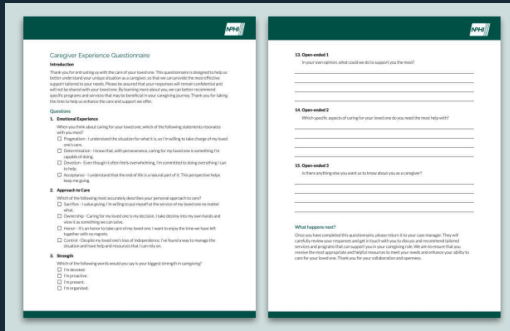
Based on what we know about caregiver experiences, our screening tool can help care teams understand and provide better services and communication to caregivers

1

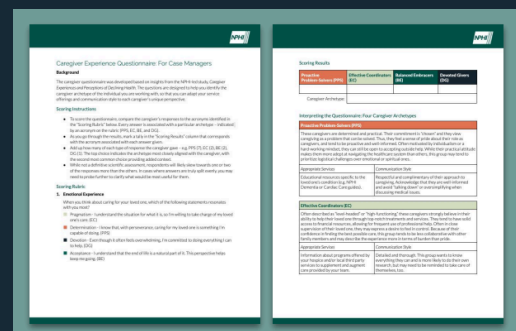
Caregiver experience questionnaire

Provide the screening questionnaire to caregivers as part of the intake process for new patients (click images below to access).

For Caregivers



For *Case Managers



*The Case Manager Version has the scoring rubric

2

Score results & share with team

Using the rubric in the Case Manager version, score and interpret the caregivers responses to assign an archetype. Add questionnaire and archetype to case file and share with the care team.

3

Tailor services to caregiver

Adapt your service offerings and communication style to each caregiver's unique perspective. Discuss and recommend tailored services and programs that can support the caregiver in their role.

[Click here](#) to visit our website for more information